From Highway 13, exit at Park Blvd.
From the north, go straight at the light, that's Monterey.
From the south, turn left onto Mountain, then left onto Park, cross over the freeway, turn left onto Monterey.

On Monterey: stay to the right at the Y.
Shortly after you pass the golfcourse, look carefully for the trailhead on the right (trash can and sign).